

CURRICULUM VITAE

David E. Szwedo

CONTACT

University of Virginia
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EDUCATION

University of Virginia Graduate Student, Clinical Psychology Advisor: Joseph P. Allen, Ph.D.	2006 – Present
University of Virginia M.A., Psychology Advisor: Joseph P. Allen, Ph.D.	2008
University of North Carolina at Chapel Hill B.A., Psychology Minor, History Highest Distinction Highest Honors in Psychology Phi Beta Kappa	2006

HONORS, AWARDS, & FELLOWSHIPS

<i>Distinguished Teaching Fellowship</i> Department of Psychology University of Virginia Adjunct faculty position to teach upper-level undergraduate seminar (“Romantic Relationships”)	Spring 2010
<i>Maury Pathfinder Award</i> Department of Psychology University of Virginia Awarded for best masters thesis of the year in the psychology department	2009
<i>E. Mavis Hetherington Graduate Fellowship</i> Department of Psychology University of Virginia Awarded to support research on family issues	2008-2009
<i>Doris Buffett Fellowship</i> Center for Children, Families, and the Law University of Virginia Awarded to evaluate a community truancy prevention program	Summer 2008

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<i>National Science Foundation Graduate Research Fellowship Honorable Mention</i>	2008
<i>DuPont Fellowship</i> Department of Psychology University of Virginia	2006-2009
<i>Summer Undergraduate Research Fellowship</i> University of North Carolina at Chapel Hill The Smallwood Foundation \$3,000	2005

PUBLICATIONS

- Cox, M.J., Heilbron, N., Mills-Koonce, W.R., Pressel, A., **Szwedo, D.E.**, & Oppenheimer, C.W. (2008). Marital relationships and early development. In M. Haith & J. Benson (Eds.), *Encyclopedia of Infant and Early Childhood Development*. Oxford, UK: Elsevier.
- Mikami, A.Y., **Szwedo, D.E.**, Allen, J.P., Evans, M.A., & Hare, A.L. (in press). Adolescent peer relationships and behavior problems predict young adults' communication on social networking websites. *Developmental Psychology*.
- Schad, M.M., **Szwedo, D.E.**, Antonishak, J., Hare, A., & Allen, J.P. (2008). The broader context of relational aggression in adolescent romantic relationships: Predictions from peer pressure and links to psychosocial functioning. *Journal of Youth and Adolescence*, 37, 346-358.
- Szwedo, D.E.**, Mikami, A.Y., & Allen, J.P. (in press). Qualities of peer relations on social networking websites: Predictions from negative mother-teen interactions. *Journal of Research on Adolescence*.

SUBMITTED MANUSCRIPTS

- Allen, J.P., Chango, J., **Szwedo, D.E.**, Schad, M., & Marston, E. (2009). Predictors of susceptibility to peer influence regarding substance use in adolescence. *Manuscript submitted for publication*.

MANUSCRIPTS IN PREPARATION

- Szwedo, D.E.**, Mikami, A.Y., & Allen, J.P. (2009). Social networking site use predicts changes in youths' psychological adjustment. *Manuscript in preparation*.
- Szwedo, D.E.**, Chango, J.M., Miga, E.M., Schad, M.M., & Allen, J.P. (2009). Adolescent romantic relationships and depressive symptoms: The importance of emotional intelligence and close friendships. *Manuscript in preparation*.

PRESENTATIONS AT ACADEMIC CONFERENCES

- Allen, J.P., Chango, J., Schad, M., & **Szwedo, D.E.** (2010, March). *Predicting who will be most susceptible to peer influence regarding substance use: Individual, familial, and peer risk factors*. Paper to be presented at the Biennial Meetings of the Society for Research on Adolescence, Philadelphia, Pennsylvania.
- Chango, J., **Szwedo, D.E.**, Schad, M., Miga, E.M., & Allen, J.P. (2010, March). *Romantic partner selection and relationship quality in adolescence: Do parent or early peer relationships matter more?* Poster symposium to be presented at the Biennial Meetings of the Society for Research on Adolescence, Philadelphia, Pennsylvania.
- Schad, M., **Szwedo, D.E.**, Chango, J., Miga, E.M., & Allen, J.P. (2010, March). *Can pretty people have their cake and eat it too? The positive and negative effects of physical attractiveness*. Poster to be presented at the Biennial Meetings of the Society for Research on Adolescence, Philadelphia, Pennsylvania.
- Szwedo, D.E.**, Chango, J., Miga, E.M., Schad, M., & Allen, J.P. (2010, March). *Unique contributions of attachment security and emotional awareness for predicting adolescent romantic relationship functioning*. Poster symposium to be presented at the Biennial Meetings of the Society for Research on Adolescence, Philadelphia, Pennsylvania.
- Szwedo, D.E.**, Mikami, A.Y., & Allen, J.P. (2010, March). *Psychological and interpersonal implications of peer interactions on social-networking websites for troubled youth*. Paper to be presented at the Biennial Meetings of the Society for Research on Adolescence, Philadelphia, Pennsylvania.
- LeTard, A.J., **Szwedo, D.E.**, & Allen, J.P. (2009, April). *Parental emotional neglect and youths' psychosocial adjustment: Psychological separation and friendships as protective factors*. Poster presented at the Biennial Meetings of the Society for Research on Child Development, Denver, Colorado.
- Stephenson, J.C., **Szwedo, D.E.**, & Allen, J.P. (April, 2009). *Romantic relationships and substance use in adolescence: Longitudinal benefits of thinking it will last forever*. Poster presented at the Biennial Meetings of the Society for Research on Child Development, Denver, Colorado.
- Szwedo, D.E.**, Mikami, A.Y., Evans, M., Higgins, M.K., Dawson, A., & Allen, J.P. (2009, April). *Peer quality and inappropriate photos on Facebook and MySpace predict changes in young adults' psychopathology*. Poster presented at the Biennial Meetings of the Society for Research on Child Development, Denver, Colorado.
- Szwedo, D.E.**, Stephenson, J.C., Schad, M.M., & Allen, J.P. (2009, April). *Adolescent romantic relationships and depressive symptoms: The moderating effect of emotional intelligence*. Poster presented at the Biennial Meetings of the Society for Research on Child Development, Denver, Colorado.
- Schad, M.M., Evans, M., **Szwedo, D.E.**, & Allen, J.P. (2008, March). *Can peer pressure be a*

good thing? Poster presented at the Biennial Meetings of the Society for Research on Adolescence, Chicago, Illinois.

Schad, M.M., **Szwedo, D.E.**, Antonishak, J., Hare, A., & Allen, J.P. (2008, March). *The broader context of relational aggression in adolescent romantic relationships*. Poster presented at the Biennial Meetings of the Society for Research on Adolescence, Chicago, Illinois.

Stephenson, C., Manning, N., **Szwedo, D.E.**, & Allen, J.P. (2008, March). *Negotiating adolescent relationships: The importance of close friendships for dismissing adolescents*. Poster presented at the Biennial Meetings of the Society for Research on Adolescence, Chicago, Illinois.

Szwedo, D.E., Mikami, A.Y., Allen, J.P., & Evans, M. (2008, March). *The need for attachment: Demonstrations through teens' photos on MySpace and Facebook*. Poster presented at the Biennial Meetings of the Society for Research on Adolescence, Chicago, Illinois.

Szwedo, D.E., Heilbron, N., & Cox, M.J. (2007, March). *Adult attachment and the expression and regulation of negative emotions during conflict*. Poster presented at the Biennial Meetings of the Society for Research on Child Development, Boston, Massachusetts.

CLINICAL EXPERIENCE

Family Stress Clinic, University of Virginia Hospital July 2009 – Present
Charlottesville, VA

Individual, Couples, and Family Psychotherapy
Supervised by Claudia Allen, Ph.D.

- Long-term individual therapy with children, adolescents, and adults
- Experience with anxiety and depressive disorders, bipolar disorder, couples and family conflict and communication
- Approximately 20 hours / week
- Orientation: Family Systems, Interpersonal

Lafayette School and Treatment Center Sept. 2008 – Aug. 2009
Charlottesville, VA

Individual, Family, and Group Psychotherapy (Children & Adolescents)
Supervised by Ron Strawley, Ph.D., Charles Stump, M.Ed., Keith Harrington, L.C.S.W., & Lee Llewellyn, Ph.D.

- Long-term individual therapy with late adolescents
- Long-term talk group therapy with children and adolescents (boys', girls', and mixed groups; co-therapist)
- Family therapy (co-therapist)
- Experience with anxiety and depressive disorders, developmental disabilities, conduct disorder, ADHD
- Approximately 12 hours / week
- Orientation: Cognitive-Behavioral, Behavioral, Family Systems

Mary D. Ainsworth Psychological Clinic, University of Virginia Oct. 2007 – Present
Charlottesville, VA

Individual, Couples, & Family Therapy (Children & Adults)
Supervised by Amori Mikami, Ph.D. & Lee Llewellyn, Ph.D.

Updated on 12/11/09

- Short-term and long-term individual, couples, and family psychotherapy with members of the university and Charlottesville community.
- Experience with anxiety and depressive disorders, intimacy issues, communication problems, childhood physical and sexual abuse, gay and lesbian issues, ADHD, child behavior problems
- Approximately 4 hours / week.
- Orientation: Cognitive-Behavioral, Interpersonal, Family Systems.

Mary D. Ainsworth Psychological Clinic, University of Virginia

June 2007 – Present

Cognitive and Personality Assessment (Children & Adults)

Supervised by Lee Llewellyn, Ph.D.

- Instruments include MMPI-2, PAI, Rorschach, WAIS-III, WISC-IV, WPPSI-III, WRAT-4, Woodcock-Johnson Cognitive and Achievement.
- Experience testing for LD and school placement.

TEACHING EXPERIENCE

University of Virginia

Romantic Relationships, Instructor

Spring 2010

- Upper-level undergraduate seminar
- Topics include aspects of relationship formation; stressors such as conflict and infidelity; interracial relationships; gay and lesbian relationships; family relationships; and techniques used by psychotherapists to help treat couples
- Responsible for all course content and grading

Research Methods and Data Analysis I (PSYC 3005), Head T.A.

Fall 2009

- Responsible for preparing course materials and supervising 10 graduate student teaching assistants
- Lab instructor for one section of the course

Research Methods and Data Analysis II (PSYC 3006), Lab Instructor

Spring 2008

Research Methods and Data Analysis I (PSYC 3005), Lab Instructor

Fall 2007/2008

- Undergraduate statistics courses
- Programming in SPSS
- Topics include descriptives, correlation, linear regression, t-tests, ANOVA
- Emphasis on teaching scientific writing and APA format

Infant Development (PSYC 350), Teaching Assistant

Spring 2007

- Guest lecture on adolescent and adult attachment

Adolescence: Theory and Development (PSYC 352), Teaching Assistant

Fall 2006

University of North Carolina at Chapel Hill

Introduction to Intimate Relationships, Co-Instructor

Spring 2006

- Topics include attraction, love, sexuality, communication, conflict, relationship formation and dissolution
- Responsible for all course content and grading

Updated on 12/11/09

SERVICE

Teaching Concerns Committee, UVa, Co-Chair	2007-2008
Jefferson Scholars Foundation, Seminar Leader	Spring 2007
UVa. Psychological Society, Invited Address	Spring 2007

PROFESSIONAL AFFILIATIONS

American Psychological Association

REFERENCES

Joseph P. Allen, Ph.D.
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P.O. Box 400400
Phone: 434-982-4727
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Amori Yee Mikami, Ph.D.
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Lee Llewellyn, Ph.D.
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